

􀀬 Massage Therapy Skills 􀀬

**The Milan Institute Massage Therapy program is designed to prepare the student to**

**function competently as a professional massage therapist in a variety of settings.**

**The unique curriculum contains the best of Eastern, Western, ancient modalities,**

**and the latest skills and techniques.**

**The list below details the wide range of skills that our graduates have mastered in**

**their rigorous coursework and hands-on experience within our student spa.**

**Modalities General Skills**

Swedish Massage Therapy Ethics

Kinesiology Business Management/Law

Shiatsu CPR/First Aid

Sports Massage Anatomy/Physiology

Passive Joint Mobilization SOAP Charting

Prenatal & Pediatric Massage Pathology

Acupressure

Reflexology \*\*\*NCTMB Certified

Chair Massage

Aromatherapy & Hydrotherapy \*\*\*only after passing your nationals test then you can add L.M.T. after your name on the resume title

Body Wraps & Body Scrubs

Hot Stone Massage

Deep Tissue

**Hands-On Experience**

120 hours of hands-on experience

within our student spa.

Providing quality graduates for the healthcare and massage community.